



THE VALUE OF FOX OPTIMAL LIVING AT TRADITIONS OF SPRING HILL

FOL COMMUNITY **Proactive approach to healthcare**

STANDARD COMMUNITY **Reactive approach to healthcare**

Full-time Wellness Director

No ownership of functional wellness

Supervised and customized wellness programs for all residents

No wellness program

Wellness classes are evidence-based (progressive, intensive, and individualized)

Exercise classes, if any, are recreational

Immediate functional assessments for all residents upon move-in

Ability to assess is dictated by insurance

Ongoing assessments for all residents to monitor their strength, mobility, balance, and quality of life

Ability to assess is dictated by insurance

Constant communication between caregivers, staff and Optimal Living team

Limited communication due to lack of full-time presence in community

Monthly professional presentations for staff regarding safety and body mechanics

Inconsistent caregiver training due to lack of full-time presence in community

Cognitive wellness programming for all residents with varying levels of dementia

May or may not be provided unless billed to patient with covered insurance plan

Traditions
of Spring Hill